## KITCHEN LAB RULES

- 1. Students must earn a minimum grade of 85 on our safety and sanitation test before they will be allowed to participate in labs.
- 2. Students must turn in a signed insurance form before being allowed to participate in any labs.
- 3. One must pull hair back if it touches the shoulders. Long bangs must be secured.
- 4. Shoes worn in the kitchen must have a low heel and closed toes.
- 5. Clothing must meet safety and sanitation standards as discussed in class.
- 6. Participants must wear an apron.
- 7. Everyone must wash hands for 20 seconds with soap and water as often as is necessary.
- 8. Students may talk quietly while following their group plan.
- 9. Everyone must stay in their designated kitchen area.
- 10. The class will establish and maintain sanitary habits. These will be discussed. These include such things as proper cleaning of contaminated surfaces, and tasting....Fingers, mixing, and serving utensils must not be licked.
- 11. Mature, appropriate behavior is expected. Safety rules must be followed. Running and other horseplay are not allowed. These will be discussed in class in more detail. Problems in this area will cause you to return to the classroom.
- 12. Open refrigerators and freezers with permission only.
- 13. Group members need to share responsibilities. Rotate jobs within your group.
- 14. Wash dishes in hot, soapy water, rinse, and dry. Wash them in the correct order. (Cleanest to dirtiest...)
- 15. Have the teacher check your dishes, then you should return them neatly to the proper location.
- 16. The group should wipe all counter tops, cabinets, stovetops, and sinks.
- 17. The group should sweep, and occasionally mop the floor.
- 18. A laundry basket will be provided for soiled dish towels, etc. Aprons will be hung in the lockers. Laundry duties will rotate.
- 19. No one leaves the kitchen until everything is finished in your group.
- 20. Students should be seated in the classroom 5 minutes before the bell rings.
- 21. Proper preparation and following these rules will result in more labs and other rewards.

## FREE LAB RULES

- 1- A or B interim/report card grade in this class...
- 2- Good behavior No referrals or calls home about inconsiderate behavior 8
- 3- All papers must have been turned in by the three day late deadline.
  - 4- All work is current on the day of the free lab.
- 5- Work will not be accepted on the free lab date to allow students to have a free lab.
  - 6- Free lab plan submitted & discussed by assigned deadline.
- 7- All supplies/shoes must be in the classroom-no calling home or going to your locker on the day of the free lab.
- 8- Students must earn a minimum of 85% on the Safety & Sanitation Test before participating in any kitchen labs.
- 9- Individual questions on qualifications must be asked on your time.
  - 10- Students must maintain a good attitude!